

Dutchess County Department of Behavioral & Community Health

The Empowerment Center
Located at 230 North Road – Entrance 1

All Access Hours
open Monday, Wednesday and Friday
from
1:30PM - 4PM

All Access is an opportunity to:

- **Connect as a community and help run the Empowerment Center side-by-side with the Recovery Coaches**
- **Participate in various wellness related activities**
- **Meet one-on-one with Recovery Coaches to focus on your own meaningful goals**

Call a Recovery Coach at 845-486-2893 to make an appointment or just stop by during All Access!



Anyone 18+ seeking support, community, and a place to grow and contribute is welcome, and services are free